

to talk about how you feel

¿Qué tal?	How's it going? (What's up?)
¿Cómo estás?	How are you?
¿Cómo te sientes?	How do you feel?/How are you feeling?
las emociones	emotions
los sentimientos	feelings (sentiments)
aburrido, -a	bored
alegre	happy
animado, -a	excited (animated)
asco	disgust
bien	good/well
cansado, -a	tired
celoso, -a	jealous
contento, -a	good (content)
emocionado, -a	excited (emotional)
enfermo, -a	sick (infirm)
enojado, -a	mad/angry
entusiasmado, -a	excited (enthusiastic)
estresado, -a	stressed
feliz	happy (felicity)
mal	bad/sick
nervioso, -a	nervous
ocupado, -a	busy (occupied)
preocupado, -a	worried (preoccupied)
relajado, -a	relaxed
sorprendido, -a	surprised
tranquilo, -a	calm (tranquil)
triste	sad

see also "¿Cómo estás?" from pg. 2 of blue reference packet,
"ESPAÑOL 1 UNIT 1"

characteristics of people (use with ser)

bruto, -a	rude
divertido, -a	fun
fastidioso, -a	annoying

see also blue reference packet on personal descriptions (pg. 70)

ser- to be

soy	somos
eres	sois
es	son

estar- to be

estoy	estamos
estás	estáis
está	están

verbs to talk about how you feel

alegrarse*	to get happy
cansarse* (de)	to get tired (of)
divertirse* (e-->ie)	to have fun (to divert oneself)
enfermarse*	to get sick
enojarse*	to get mad
entristercerse*	to get sad
jactarse*	to brag
preocuparse*	to worry
relajarse*	to relax
<u>sentirse*</u> (e-->ie)	to feel
sonríe (sonréir) (e-->i)	he/she smiles (to smile)
tener hambre	to be hungry (to have hunger)
tener miedo	to be afraid (to have fear)
tener sueño	to be sleepy (to have sleep/dream)
me da(n) asco	It disgusts me (it gives me disgust)

misc.

la pesadilla	nightmare
la araña	spider
llamarse*	to call oneself

to make comparisons

más...que	more than >
menos...que	less than <
tan...como	as...as... =
tanto, -a ... como	as many... as =
mejor que	better than
peor que	worse than
mayor que	older than
menor que	younger than

saber- to know how to do something or have knowledge of information

sé	sabemos
sabes	sabéis
sabes	saben

conocer- to know a person or be acquainted with a place or thing

conozco	conocemos
conoces	conocéis
conoce	conocen

stem-changing verbs or "boot" verbs

There is a stem-change in every person but nosotros and vosotros. It looks like a boot in the chart.

verbs to talk about your daily routine

dormir (o-->ue)	to sleep	x
reunirse*	to meet, get together (reunite)	
acostarse* (o-->ue)	to go to bed (lie down; acost)	x
afeitarse*	<i>to shave</i> to fix (one's hair); to arrange oneself; to get	
arreglarse* (el pelo)	ready	
bañarse*	to bathe/take a bath	x
cepillarse* (los dientes)	to brush (one's teeth)	x
cortarse* el pelo	<i>to cut one's hair</i>	
despertarse* (e-->ie)	to wake up	x
ducharse*	to take a shower	
levantarse*	to get up (lift up; elevate)	x
lavarse* (<i>la cara</i>)	<i>to wash (one's face)</i>	
pintarse (<i>las uñas</i>)	<i>to paint (one's nails)</i>	
ponerse*	to put on	x
prepararse*	to get ready	
secarse*	<i>to dry</i>	
vestirse* (e-->i)	to get dressed	x
subirse*	to get on	
bajarse*	to get off	
desayunar	to eat breakfast	x
comer	to eat (lunch)	x
cenar	to eat dinner	x

to talk about when

hoy	today
¿Con qué frecuencia...?	How often?
todos los días	everyday
mucho	often
a veces	sometimes
nunca	never

to talk about a sequence of events

primero	first
a continuación	next
luego	later
después	after
por último	finally

regular present tense conjugations

ar

o	amos
as	áis
a	an

er/ir

o	i/emos
es	is/éis
e	en

to talk about clothing

top half of body	
el abrigo	coat
<i>las gafas de sol</i>	<i>sunglasses</i>
la blusa	blouse
la camisa	shirt
la camiseta	t-shirt (short-sleeve shirt)
la chaqueta	jacket (coat-like)
<i>la corbata</i>	<i>tie</i>
la gorra	hat (baseball or with visor)
el gorro	hat (beanie or cap)
<i>los guantes</i>	<i>gloves</i>
la sudadera	sweatshirt
el suéter	sweater
el traje	suit
<i>el traje de baño</i>	<i>bathing suit</i>
el vestido	dress
lower half of body	
las botas	boots
los calcetines	socks
la falda	skirt
los jeans	jeans
los pantalones	pants
los pantalones cortos	shorts
los zapatos	shoes

to talk about colors

los colores	colors
amarillo, -a	yellow
anaranjado, -a	orange
azul	blue
blanco, -a	white
gris	gray
marrón	brown
morado, -a	purple
negro, -a	black
rojo, -a	red
rosado, -a	pink
verde	green

reflexive pronouns*

me	nos
te	os
se	se